

Lesli Desai, LICSW, PMH-C  
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\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Other Names Used

I request Lesli Desai, LICSW, PMH-C to disclose:

- ☐ My healthcare information with:
- ☐ Send my treatment records to:
- ☐ Provider a Summary of Care
- ☐ Other \_\_\_\_\_

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
  
Phone: \_\_\_\_\_ or Fax: \_\_\_\_\_

My initials and signature below authorize the release of health care information relating to testing, diagnosis, and treatment for (please initial all that apply below)

- \_\_\_\_\_ All office/medical/mental health/treatment records, EXCLUDING psychotherapy notes
- \_\_\_\_\_ All office/medical/mental health/treatment records, INCLUDING psychotherapy notes
- \_\_\_\_\_ Release records for care provided on or during the period of \_\_\_\_\_
- \_\_\_\_\_ Release records for this condition (specify) \_\_\_\_\_
- \_\_\_\_\_ Other \_\_\_\_\_

Records in the following categories **MUST be initialed to be released**:

- \_\_\_\_\_ Behavioral or Mental Health Services
- \_\_\_\_\_ Sexually transmitted diseases, antibody test results and related records, including pap smear results
- \_\_\_\_\_ Contraceptives and related records
- \_\_\_\_\_ Acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV)
- \_\_\_\_\_ Drug / Alcohol diagnosis, treatment or referral information, including any drug or alcohol tests
- \_\_\_\_\_ Other: Specify \_\_\_\_\_
- \_\_\_\_\_ Do **not** release the following records \_\_\_\_\_

Purpose for release is **continuity of care** unless otherwise specified below:

- \_\_\_\_\_ Billing insurance co/third party payer \_\_\_\_\_ Psychological Assessment \_\_\_\_\_ Information for legal process (i.e. subpoena or court order)
- \_\_\_\_\_ Other: Specify \_\_\_\_\_

I have had explained to me and fully understand this request/authorization to disclose my information, including the nature of the records, their contents, and the consequences and implications of their release. This request is entirely voluntary on my part. **I understand that I may revoke this consent at any time.** I hold harmless Lesli Desai, LICSW, PMH-C from any liability regarding the release of information contained in my file or concerning my evaluation or treatment to or from the above indicated individual(s). I further acknowledge that Lesli Desai, LICSW, PMH-C will not be able to insure the confidentiality of any information released from my file after such release. I understand that my records are protected under Washington State Law and cannot be disclosed without my written consent unless otherwise provided by law (RCW 70.02 & RCW 71.05).

This authorization expires (**required for release of records**):

- ☐ 90 days from the dated signed    ☐ On (date): \_\_\_\_\_    ☐ When the following event occurs: \_\_\_\_\_
- (If left blank, this release will expire in 90 days after the termination of treatment)

X \_\_\_\_\_  
Client Signature

DATE \_\_\_\_\_